

WORKSHEET 1 – SECONDS, MINUTES AND HOURS

Name:

Date:

INSTRUCTIONS:

- Read each question carefully.
 - Circle, tick, match, or write your answer.
1. Circle the smallest unit of time:
second / minute / hour
 2. Circle the unit that is about how long it takes to brush your teeth:
second / minute / hour
 3. Circle the unit that is about how long it takes to watch a movie:
second / minute / hour
 4. Fill in the blank: 60 seconds = 1
 5. Fill in the blank: 60 minutes = 1
 6. True or False: A second is longer than a minute.
 7. True or False: An hour is longer than a minute.
 8. True or False: 2 minutes is longer than 90 seconds.
 9. Match the words to the times: second, minute, hour.

Very short time =

Shorter time =

Longer time =
 10. Write the best unit: catching a ball

WORKSHEET 2 – ESTIMATE SHORT ACTIVITIES

Name:

Date:

INSTRUCTIONS:

- Think about activities that take seconds or minutes.
 - Circle, sort, and estimate.
1. Circle the best estimate: clapping 10 times = 10 seconds / 10 minutes
 2. Circle the best estimate: tying shoelaces = 20 seconds / 20 hours
 3. Circle the best estimate: writing your name = 5 seconds / 5 minutes
 4. Circle the best estimate: jumping 20 times = 15 seconds / 15 hours
 5. Fill in the blank: A sneeze takes about second(s).
 6. Fill in the blank: A quick hello takes about seconds.
 7. Fill in the blank: Reading one short sentence takes about seconds.
 8. True or False: A short song can take about 30 seconds.
 9. True or False: Washing your hands takes about 3 hours.
 10. True or False: A quick stretch can take 10 seconds.

WORKSHEET 3 – ESTIMATE LONGER ACTIVITIES

Name:

Date:

INSTRUCTIONS:

- Choose the best estimate.
 - Put times in order.
1. Circle the best estimate: walking to the classroom = 1 minute / 1 hour
 2. Circle the best estimate: eating lunch = 5 minutes / 5 seconds
 3. Circle the best estimate: playing a short game = 10 minutes / 10 seconds
 4. Circle the best estimate: tidying your desk = 2 minutes / 2 hours
 5. Fill in the blank: A school lesson might take about minutes.
 6. Fill in the blank: A TV episode might take about minutes.
 7. Fill in the blank: A sports game might take about minutes.
 8. True or False: 30 minutes is longer than 30 seconds.
 9. True or False: 1 hour is 60 minutes.
 10. True or False: 15 minutes is shorter than 1 hour.

WORKSHEET 4 – COMPARE DURATIONS

Name:

Date:

INSTRUCTIONS:

- Circle the longer or shorter time.
 - Write differences.
1. Circle the longer time: 40 seconds / 1 minute
 2. Circle the longer time: 3 minutes / 180 seconds
 3. Circle the shorter time: 5 minutes / 300 seconds
 4. Circle the shorter time: 2 hours / 90 minutes
 5. Fill in the blank: 60 seconds is the same as minute(s)
 6. Fill in the blank: 120 seconds is the same as minutes
 7. Fill in the blank: 180 minutes is the same as hours
 8. True or False: 2 minutes and 120 seconds are equal.
 9. True or False: 1 hour and 100 minutes are equal.
 10. True or False: 4 minutes is longer than 240 seconds.

WORKSHEET 5 – MATCH TIME TO ACTIVITIES

Name:

Date:

INSTRUCTIONS:

- Match activities to times.
 - Fill in the blanks.
1. Draw lines to match:

sneeze, book reading, school assembly, brushing teeth

2 seconds, 10 minutes, 30 minutes, 2 minutes
 2. Draw lines to match:

clap once, walk to the kitchen, short TV ad, lunch

1 second, 1 minute, 30 seconds, 20 minutes
 3. Match the pair: 60 seconds = 1 hour / 1 minute
 4. Match the pair: 60 minutes = 1 hour / 1 second
 5. Match the pair: 2 minutes = 120 seconds / 12 seconds
 6. Match the pair: 3 minutes = 180 seconds / 18 seconds
 7. Fill in the blank: 5 minutes = seconds
 8. Fill in the blank: 7 minutes = seconds
 9. Fill in the blank: 10 minutes = seconds
 10. Circle the best estimate: a quick game of tag = 2 minutes / 2 hours

WORKSHEET 6 – REAL-LIFE TIME PROBLEMS

Name:

Date:

INSTRUCTIONS:

- Solve each time problem.
 - Show your working if needed.
1. Mia spends 2 minutes on a puzzle. How many seconds is that?
 2. Leo talks for 3 minutes. How many seconds is that?
 3. Ava rests for 1 minute. How many seconds is that?
 4. Noah walks for 5 minutes. How many seconds is that?
 5. Isla reads for 10 minutes. How many seconds is that?
 6. Ben says a rhyme that takes 30 seconds. Is that more or less than 1 minute?
 7. A game lasts 4 minutes. Is that more or less than 240 seconds?
 8. A snack break lasts 15 minutes. Is that more or less than 1 hour?
 9. A timer shows 60 seconds. What is this in minutes?
 10. A timer shows 120 seconds. What is this in minutes?

TEACHER ANSWER SHEET

W1: Seconds, Minutes, Hours	W2: Short Activities	W3: Longer Activities	W4: Compare Durations	W5: Match Time	W6: Real-Life Problems
1. second	1. 10 seconds	1. 1 minute	1. 1 minute	1. sneeze → 2 seconds	1. 120 seconds
2. minute	2. 20 seconds	2. 5 minutes	2. 3 minutes	2. book reading → 10 minutes	2. 180 seconds
3. hour	3. 5 minutes	3. 10 minutes	3. 5 minutes	3. 60 seconds = 1 minute	3. 60 seconds
4. minute	4. 15 seconds	4. 2 minutes	4. 90 minutes	4. 60 minutes = 1 hour	4. 300 seconds
5. hour	5. 1 second	5. 45 minutes	5. 1 minute	5. 2 minutes = 120 seconds	5. 600 seconds
6. False	6. 5 seconds	6. 30 minutes	6. 2 minutes	6. 3 minutes = 180 seconds	6. Less
7. True	7. 5 seconds	7. 60 minutes	7. 3 hours	7. 300 seconds	7. Equal
8. False	8. True	8. True	8. True	8. 420 seconds	8. Less than 1 hour
9. second / minute / hour	9. False	9. True	9. False	9. 600 seconds	9. 1 minute
10. second	10. True	10. True	10. False	10. 2 minutes	10. 2 minutes